



e-protect

Multiplier Event Report
The Rural Hub
15th November 2022
Ireland



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Partnership



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KMOP

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Introduction to Event

The eProtect Multiplier Event was organised by The Rural Hub in collaboration with the Cavan branch of the Irish United Nations Veterans Association (IUNVA) and the Meath LaterLife Network on 15th November 2022. The event was delivered over two workshops in two separate locations to accommodate the transport needs of the participants and minimise any access issues.

IUNVA is a group made up of retired members of the Irish Defence Forces and comprise members of the project target group. They invited us to their premises in Cavan Town to deliver the event and it ran from 10am to 12pm.

The Meath LaterLife Network is a representative bodies of older person groups working across county Meath, and they are an advocate group for older people's issues linked to the Age Friendly Alliance for the region. The workshop with the LaterLife Network was held in the Newgrange hotel, Navan from 2pm to 4.00pm.

The aim of both sessions was to introduce the eProtect project and showcase the diversity and complete range of training and learning materials developed (comprising IO1 to IO5). We also used the opportunity to discuss online safety and promoting older people's digital competence and confidence.

The members of the local Cavan Gardai (Police) agreed to attend and to talk to participants about online safety and cybercrime, the officer provided many excellent tips to help the participants to access the internet and how to stay safe while surfing the net or making purchases online.

Profile of Participants

The members of IUNVA who attended the morning session in Cavan had all previously served as members of the Defence Forces they all had different skill sets and backgrounds. The participants from the Meath LaterLife Network are either semi-retired or retired and represent a number of older people's groups and interests in the county, they all worked in various different professions, including, teachers, administrators, business owners, and managers. The participants ranged in age from fifty-four to seventy-three years of age and



presented the primary target group of the eProtect project. In total 23 participants attended the eProtect Multiplier Event and registered on the accompanying attendance sheets.

Overview of Multiplier Event

Keith from The Rural Hub welcomed everyone to each session and started off with a fun icebreaker to get everyone engaged and talking to one and other. Once the activity was finished Keith provided an overview of the project, highlighting the resources developed by the project team and demonstrating the online platform to all those present. We also tried to help participants to understand the importance of protecting their personal consumer data when using the internet.

Garda Seamus Herron attended both sessions as our guest speaker on the day, and he spoke to the groups about cybercrime and provided tips on how to protect yourself while online. The group agreed that having a local police officer share online safety guidelines was very helpful.

Agenda

TIMING	AGENDA ITEM
10 mins	Welcome & Introduction
10min	Icebreaker
40 mins	Overview of eProtect Project
15mins	Online Safety
30mins	Cybersecurity – Cavan Gardai
15mins	Q&As and Participant Feedback

Photos of Event



